

# KAGAWA

## Cycling Map



### Japan's Rules of the Road

Everyone can make this "a safe place for cycling"

Kagawa Prefecture is promoting safe cycling through the establishment of rules for safe bicycle use. Let's share the roads with cars, pedestrians, and other bicycles with mutual respect and understanding.

- In principle, bicycles should ride on the roads, and on sidewalks only when necessary.**
- Ride on the left side of the road.**
- Yield to pedestrians on sidewalks, staying close to the road.**
- Follow all safety rules.**
  - No cycling under the influence of alcohol, cycling with extra passengers, or parallel riding.
  - Use your lights from 30 minutes before sunset.
  - Stop and follow signals at intersections.
  - Don't use your phone while riding.
- Helmet Use**

Helmets can save your life. Fasten and tighten your chin strap so it's snug!

Just in case, please get bicycle insurance!

Organization / Contact  
Kagawa Prefecture Tourism Association  
4-1-10 Bancho, Takamatsu 760-8570  
Tel: 087-832-3377 Fax: 087-861-4151

## Travel around Kagawa

### Sightseeing / Rest stops

**Japan Dolphin Center** [Sanuki City] MAP E-3

The perfect spot to get personal with dolphins by observing, feeding, or learning about being a dolphin trainer. You can even swim with the dolphins!

1520-130 Tsuruwa Tsudacho, Sanuki  
0879-23-7623  
10:00 am - 5:00 pm  
(until 6:00 pm in Summer)

**Shirotori Zoo** [Higashikagawa City] MAP G-4

This handmade zoo has small, free-range animals to pet and cuddle. There is even a rare white tiger.

2111 Matsubara, Higashikagawa  
0879-23-0998  
9:00 am - 5:00 pm ☒ None

**Ado-ike Wasan-tei** [Higashikagawa City] MAP G-4

Located on the shore of Ado-ike Pond, birthplace of yellowtail fish farming. Visitors love the yellowtail sashimi lunch served with wasabi. Or try the yellowtail rice bowl!

4373 Hiketa, Higashikagawa  
0879-23-2800  
10:30 am - 1:30 pm (Sat, Sun, Holidays 2:00 pm)  
Tues and New Years Holidays

**Sanshu Izutsu Residence** [Higashikagawa City] MAP G-5

The renovated building was once a merchant's house engaged in sake and soy sauce brewing since the Edo period (1603 - 1868). Now visitors can try making gloves or traditional wasanbon sugar candies at this multi-purpose facility.

2163 Hiketa, Higashikagawa  
0879-23-8550  
10:00 am - 4:00 pm ☒ Wed

**Okuboji Temple** [Sanuki City] MAP D-5

For pilgrims who have visited all 88 of the temples in the Shikoku Pilgrimage, this is the final stop. Located in the mountains surrounded by nature, many non-pilgrims also come to pay their respects and to see the fall colors in season.

96 Tawakanewari, Sanuki  
0879-56-2278  
7:00 am - 5:00 pm (Temple Office)

**Farm Restaurant Donguri Korokoro** [Miki Town] MAP B-5

This restaurant serves natural foods made with local produce.

928-1 Komino, Mikicho, Kitagun  
087-899-1099 (Reservations) 090-9554-9282  
10:30 am - 2:00 pm (Last order: 2:00 pm)  
(Open only on Sundays; closed for Obon and New Years Holidays. May be closed without notice)

**Konotaki Falls Campsite** [Miki Town] MAP B-6

Located in the rear of the campground, Konotaki Falls is counted as one of the 100 best views in Kagawa. The falls are especially beautiful with the new growth in early spring and the fall colors in autumn.

Konotaki Falls, Komino, Mikicho, Kitagun  
087-891-3308 (Miki Town Industry Promotion Division)

**Kanatama Kitchen** [Sanuki City] MAP D-4

This restaurant and wholesaler is run by a chicken farm. In addition to their famous egg over rice, the restaurant sells a variety of egg-inspired sweets.

2594-1 Tomidanishi, Okawamachi, Sanuki  
0879-49-1422  
10:00 am - 6:00 pm ☒ Thu

### Unwind in the hot spring baths

**Shirotori Hot Spring Resort**

This hot spring is located at the foothills of the Sanuki mountain range beside a clear stream. It is near the Shikoku Pilgrimage route and also offers accommodation.

465 Nyunoyama, Higashikagawa  
MAP E-5 ☒ 0879-27-2236  
10:00 am - 9:00 pm  
(May be closed without notice)

**Tsubasayama Hot Spring Resort**

Take your time at this spacious and beautiful hot spring. There are a variety of baths for recuperation and refreshment, as well as accommodation.

991-16 Hiketa, Higashikagawa  
MAP G-5 ☒ 0879-33-2532  
10:00 am - 10:00 pm ☒ 2nd Tues

**Kasuga Hot Spring Resort**

Located in a quiet mountain hamlet, enjoy the beauty of the changing seasons at the traditional Japanese garden on-site.

22 Kanzaki, Sangawa-machi, Sanuki  
MAP D-3 ☒ 0879-43-6565  
10:00 am - 9:00 pm ☒ Tues

**Camellia Hot Spring Resort**

Enjoy the healing effects of radon in the health sauna and the mist sauna.

2988 Ishidahigashi-ko Sangawamachi, Sanuki  
MAP D-4 ☒ 0879-43-2566  
10:00 am - 9:00 pm (Closes 10:00 pm Sat, Sun and Holidays) ☒ Thu

**Vessel Ochi Hot Spring Resort**

The hot spring is open to day visitors, but accommodation and a restaurant are on-site as well. The location offers beautiful views of the Seto Inland Sea.

1200 Umashino, Higashikagawa  
MAP E-4 ☒ 0879-26-1126  
10:00 am - 10:00 pm (Last entry 9:00 pm)  
☒ 2nd Wed

### Recharge at a Roadside Station

**Coffee Soft Serve and Chiffon Cake**

**Tsuda no Matsubara Pine Tree Park**

103-3 Tsuda Tsudamachi, Sanuki  
MAP E-3 ☒ 0879-42-5520  
9:00 am - 5:00 pm ☒ 1/1

**Milk Soft Serve**

**Miroku (Café 369)**

3298-1 Tomidanaka Okawamachi, Sanuki  
MAP D-4 ☒ 0879-43-0550  
9:00 am - 5:00 pm ☒ Wed

**Ohagi (rice ball coated with sweet bean paste)**

**Michi-no-Eki Nagao**

940-12 Maeyama, Sanuki  
MAP C-5 ☒ 0879-52-1022  
10:00 am - 4:00 pm  
☒ New Year Holidays

## Tosan (East) Route Report

A nice route for cyclists with a good mix of coastal, hilly, and mountainous sections over a compact distance.

Seaside Route  
Local Route  
Optional Route  
Mountain Route

Shodoshima Is.  
Takamatsu  
Chusan (Central)  
Seisan (West)  
Tosan (East) Area

**Use the offline map app Avenza Maps for a comfortable cycling trip!**

You can download the "Cycling MAP Around Kagawa Prefecture" in the app for free!

How to download smartphone maps

- Download Avenza Maps
- Tap on Avenza Maps
- Tap on the in-app store
- Search for the "Cycling Map Around Kagawa Prefecture"

Stop your bike when you look at your smartphone!

The Kotoden Shido Line operates a cycling train only on Saturdays, Sundays, and National Holidays.

**Shikoku Henro Pilgrimage Exchange Salon**

MAP C-5

Complete the Shikoku Henro Pilgrimage on bicycle and receive a free Shikoku Henro Pilgrimage Ambassador Certificate here.

**Miki Town**

Konotaki Falls Campsite

They'll be happy to teach you

**Museum of Astronomical Telescopes**

MAP C-6

Amazing View!

**Okushi Nature Park**

MAP D-2

**Japan Dolphin Center**

**Shirotori no Matsubara Pine Tree Park**

MAP G-4

**Shirotori Zoo**

Just a little further to the summit! Standing up for that last bit of energy!

An ideal riding style for going downhill

## A slow slip Stepping Back in Time in a nostalgic town

Have one serving of noodles on a break, Or two servings at the end of a long day!

Easy riding on the Wine Road

Beautiful pines

Higashikagawa City, a center for glove making. You can even get biking gloves here!

Glove Outlet Shop

MAP F-4

Ado-ike Reservoir, famous for its yellowtail fish farming

Ado-ike Reservoir

MAP G-4

Sanshu Izutsu Residence

Pink and purple Chinese milkvetch flowers along the country lanes

Toramaru Park (Tour de 103)

MAP F-4

### Touring through Tosan

## Tour de 103

This touring event features Seto Inland Sea coastline, serene pastoral mountains, and many more beautiful scenes in the Tosan region. The event also offers a chance to enjoy local food and culture.

